

## Summary of the Lone Peak Youth Football District Bylaws

**The following selections highlight some of the more common rules and regulations that concern all players and coaches. Please refer to the complete set of Bylaws for further reference.**

### Violations subject to disciplinary action:

- Unsportsmanlike conduct or other actions on the field which are degrading to the District or Conference.
- Striking any coach, assistant coach, official, player, spectator, or any other person involved with any District activity.
- Using profane or obscene language, whether on the field of play or as a spectator.
- Allowing an ineligible player to participate in any Conference game.
- Any illegal participation of any ineligible player and/or coach will result in the forfeiture of any and all games the ineligible player and/or coach participated.

### Equipment:

- All equipment purchased by the District shall be reserved for the exclusive use of the District.

### Coaching:

- A coach or assistant coach should at all times set a good example by his/her behavior for the players in his/her charge. He/she should always remember to:
  - refrain from profane or abusive language in the presence of the players;
  - not criticize players in front of spectators, but reserve constructive criticism for private;
  - accept decisions of officials on the field as being fair and called to the best ability of the officials;
  - not criticize the opposing team, its coaches, or fans by word of mouth or gesture;
  - not permit "sweating down" tactics so that a player will make the team X-man weight;
  - not permit a player to re-enter any game after being badly bruised or injured;
  - be prepared to hold down the score of any game, once the outcome of that game is no longer in doubt.
  - A coach who, during the same calendar year, has acted as a head coach or assistant coach in another youth contact football organization (excluding high school football) may not be a head or assistant coach of a LPYF District team in the same age classification.

### Team Divisions:

- The District Board shall meet for the express purpose of dividing all registered players into District teams according to the following rules:
  - The maximum number of players on any one team shall not exceed twenty-five (25). The minimum number of players on any one team shall not be fewer than seventeen (17).

### Grades 1<sup>st</sup> – 5<sup>th</sup>:

- In the event that two or more teams can be formed in any particular grade, the teams shall be split by elementary school boundaries and then, if necessary, by middle school boundaries.
- Where possible, all players in a particular grade and within a particular elementary school's boundary shall remain together on one team.
- It is understood by all that from year to year a team's composition can and may change due to any number of reasons, such as: official boundary changes or an increase or decrease of the number of registrants across the District. It is also understood that no effort by the Board shall be made for the sole or primary purpose of preserving a previous year's team.

### Grades 6<sup>th</sup> – 8<sup>th</sup>:

- The District will provide one A team for each grade from each school boundary, and where the number of players permit, one or more B teams.
- All B coaches shall be prohibited from contacting any player or parent for the purpose, implicit or explicit, of influencing, pressuring, and/or recruiting a player to play, or a parent to assist as a coach, on his/her team before the selection of the A team is complete.
- If, after careful and complete examination of the aforementioned rules, a situation arises where application of the rules is unattainable, the Board, at its full discretion, shall divide teams as it deems appropriate.